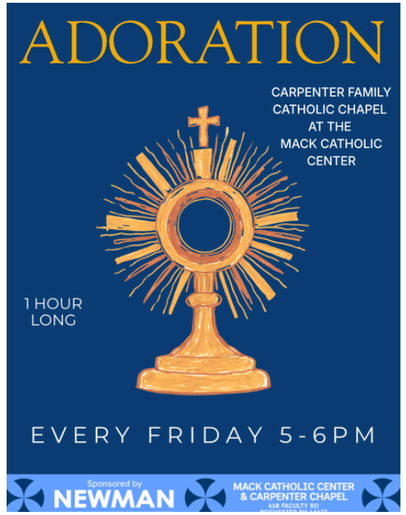
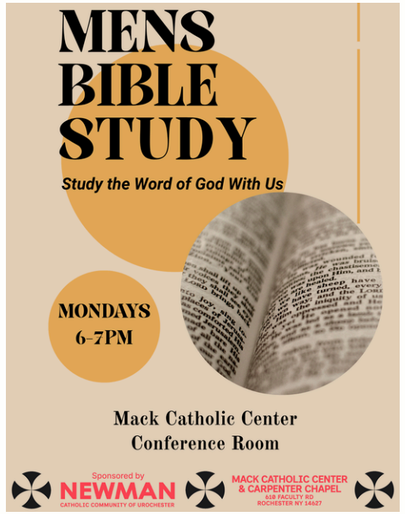
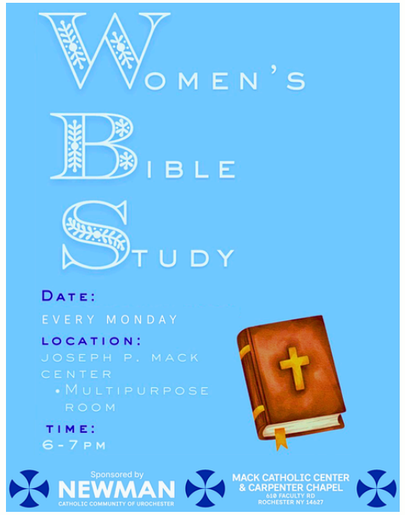














NEWMAN
Catholic Community at Rochester

October 18th, 2026 - Twenty Ninth Sunday of Ordinary Time

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Newman Notes

October is the month of the Rosary, and there is even a special feast day on October 7 for Our Lady of the Rosary. If you have never prayed the Rosary, this month is an excellent opportunity to give it a try. Pick up a rosary and an instruction packet on the table outside of the chapel to pray on your own or with a friend, or join our Rosary Group on Mondays at 5 p.m. in the Chapel to pray with a group and have some help walking through the prayers.

For some people, devotion to Mary and an intercessory relationship with her comes naturally. Maybe you already know Mary and regularly ask her for prayers, but if you don't have that relationship yet, that's OK! It was only two years ago that I finally understood with my heart how a relationship with Mary can be beneficial and be a part of my life.

Of course, I knew with my brain and intellect all the reasons why we as Catholics ask Mary for her intercession: she is the perfect example of a disciple who says yes to God, as Jesus' mother she wants to bring people closer to her Son, she was assumed into heaven so we know she is with God and that her prayers are efficacious. And I had, of course, prayed the Rosary at various times, but I never really felt any connection with my heart to the prayers. They were just something that I was supposed to do and something that was easy to do with friends when we gathered to pray because it was a set plan.

Then, two years ago, I decided to walk the French Route of the Camino de Santiago in Spain, a 500-mile pilgrimage from the northern border with France, over the Pyrenees, and across the northern part of Spain to Santiago de Compostela where St. James is buried. I learned many lessons about myself and had many realizations about my faith that I can tell you about some other time, but staying on the topic of Mary, this pilgrimage is where I actually felt a connection with Mary and praying the Rosary.

Before leaving for Spain, I asked friends and family if they had any prayer intentions they would like me to pray for while I was on my trip. I included the intentions in my morning and evening prayers, but one day, as I was leaving my albergue, or hostel, I found myself alone on this beautiful stretch of the path with the sun rise and felt this was the perfect time for prayer. There was a long stretch until the next town and my coffee break, so I decided to say a decade of the Rosary for each intention that had been given to me.

As a Catholic going on a trip centered on prayer would do, I brought a rosary with me, but I never actually used it. Managing beads and trekking poles while walking and praying was too much for me, so I started praying decades using my fingers as counters. My prayer was a modified Rosary, and not quite traditional, but stating the intention, praying an Our Father, ten Hail Marys, and closing with a Glory Be was the prayer style that worked for me.

When I was praying and walking, the miles seemed to go faster and easier. At first, I thought it was just in my head, but when I looked at my watch, I saw that my mile times were faster by one to two minutes when I was praying versus just walking and thinking or walking and talking with friends. We know that life is easier with God, but here was actual proof! After I realized this, I kept up my walking and praying decades whenever I was alone and the miles continued to be that same faster speed.

There is a part of the Camino, about 100 kilometers from Santiago, where it starts to get busier because one only needs to walk 100 kilometers to Santiago to receive a Compostela, or completion certificate. About 50% of people who walk the French Way start in Sarria. After walking for three weeks with the same people on the trail and having plenty of time to myself, I found myself getting really grumpy with all these other people. Who are these folks just starting out, all clean and freshly laundered, all over my trail!

I realized that being grumpy about these people was not the most Christian attitude, so I started saying a Hail Mary for each person I passed or encountered. It really is hard to be mad at people who you are actively praying for! Praying a Hail Mary helped me reframe my view of others, seeing them as God does, while also continuing to grow closer to Mary.

So, if you have never prayed the Rosary, or if you have struggled to connect with the prayers, I encourage you to give it a try this month. It took me until the Camino de Santiago to develop a relationship with Mary, so you certainly still have time! Keep praying and staying open. You never know where your prayer might lead you!

Peace,
Jen

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Join us at Newman for an

EVENING RETREAT

A time to **Be Still**, featuring Adoration, a free catered dinner, fellowship, and more!

SATURDAY, 24 OCTOBER, 2026

5 PM - 8 PM , Joseph P. Mack Catholic Center

Register

Sponsored by NEWMAN CATHOLIC COMMUNITY OF UROCHESTER

MACK CATHOLIC CENTER & CARPENTER CHAPEL
610 FACULTY RD
ROCHESTER NY 14627

Thank you for giving to our Collection

Newman relies on the generous support of Alumni, Parents, Local Residents, and Students for 90% of our programming budget. Your support of our Sunday collection is deeply appreciated!

Collection Report
10/11/26

Weekly Actual	Weekly Goal	Variance
$200	$477	-$277
Y-T-D Actual	**Y-T-D Goal**	**Variance**
$16,551	$6,859	$9,692

Y-T-D is Financial Year July 1-June 30

Give to our collection via Venmo!

Newman Laughs

"I can't sleep, might as well read some scripture"
opens Bible "There is no rest for the wicked" *closes Bible*



Sacrament of Reconciliation

Before 10:30a Sunday Mass:
9:30-10:15a

Before 7:00p Sunday Mass:
6:00-6:45p

Stay Connected with Newman!
Register today!

WEEKLY EVENTS

SUN	10:30AM MASS - EVERY SUN 7:00PM MASS - During the semester
MON	ROSARY GROUP 5pm, Chapel WOMEN'S BIBLE STUDY 6pm, MP Room MEN'S BIBLE STUDY 6pm, Conference Room
WED	OCIA SESSIONS TBD INSTAMASS - 9pm
THU	DAILY MASS - 5:30pm NEWMAN NIGHT DINNER - 6pm
FRI	ADORATION - 5-6pm

HOSTED BY THE CATHOLIC NEWMAN COMMUNITY
AT THE JOSEPH P. MACK CATHOLIC CENTER

October Mass Minister Sign ups







Sign up in advance for Minster roles during Sunday Mass such as

- Cross Bearer
- Lector
- Eucharistic Minister
- Gift Bearer

Scan the QR code to go to SignUpGenius for October or use website below

https://tinyurl.com/OctMassMinister

Questions or need training?
Contact Jen Hughes at jhugh25@ur.rochester.edu

PUMPKIN CARVING CONTEST

AWARDS FOR THE BEST **COSTUME** AND **PUMPKIN!**

6:30 PM, Joseph P. Mack Catholic Center
After 6pm Newman Night Dinner

OCT 22

Yes, it is Free!

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ROCHESTER NY 14627

Low Commitment Volunteer Interest

Once a week, we will be taking a group of people to a local food bank or soup kitchen to volunteer.

Sign-ups will be on a week-to-week basis. You can simply help out whenever you are able.

This form is to get a general number of people interested to coordinate with the partner organization

Join Labre

Claim Your Prize By Filling Out Form

Modeled after St. Benedict Joseph Labre, this opportunity emphasizes building human-to-human relationships with those most in need, who are so often ignored.



"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me." Matthew 25:40

Reach out to Eric Battenhouse at ebattenh@u.rochester.edu for more information

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Want a blanket for the COLD Rochester nights?



Students can scan to Register with Newman, or update your info, to get your fleece blanket!

SUNDAY SUPPER



JOIN US FOR PASTA DINNER NEXT SUNDAY AFTER 7:00 PM MASS