



Cool Thoughts

Very pleased to welcome Fr. Bob Kennedy tonight for our second discussion on the central life of the Catholic Church, the Eucharist or mass as we commonly refer to it. I really hope you can join us. Last week was FANTASTIC! And I am certain tonight's discussion, from 8-9pm will be as well. Next week will conclude the series, so plan on joining us for both!

The Catholic Mass, central to the faith, has been celebrated daily by Catholics worldwide for centuries. This ancient act of worship, rooted in Jesus' actions at the Last Supper, is both a memorial and reenactment of Christ's sacrifice, uniting believers in profound faith, community, and gratitude. By tracing its origins and understanding its symbolism and purpose, we see why the Mass holds such enduring significance.

The origins of the Mass can be traced back to Jesus' actions at the Last Supper, where He shared bread and wine with His disciples and instructed them, "Do this in memory of me" (Luke 22:19). The early Christians gathered in homes for the "breaking of the bread," as described in the New Testament. As the Church grew, this act of worship became more structured, especially after the 4th century when Christianity gained legal recognition in the Roman Empire.

One of the earliest recorded descriptions of the Mass comes from St. Justin Martyr, a Christian apologist of the 2nd century. In his, First Apology, Justin describes the Christian worship on Sunday, noting, "On the day called Sunday, all who live in cities or in the country gather together to one place... Then the memoirs of the apostles or the writings of the prophets are read... Afterward, we all rise together and pray... [then] there is a distribution to each, and a participation of that over which thanks have been given." Justin's writings reveal that even in the early centuries, the Mass's basic structure—reading of scripture, communal prayer, and Eucharist—was already in place.

The Mass is far more than a ritual; it's a sacramental encounter with Christ. Pope Francis describes the Mass as "the very way Jesus wanted to remain with us and live within us." For Catholics, this means that each Mass is an opportunity to be drawn closer to Christ's sacrifice, death, and resurrection. It is a profound reminder of God's unending love and an invitation to actively participate in His divine life.

The **Liturgy of the Word** is one of the primary components of the Mass. During this segment, scriptures are read, typically including a passage from the Old Testament, the New Testament epistles, and the Gospels. The readings allow Catholics to hear God's message as it unfolds in salvation history. A homily follows, with the priest interpreting the scripture and offering spiritual guidance for the congregation's lives today. This part of the Mass invites reflection on faith as a living tradition, connecting Catholics to the broader narrative of God's love.

Another central component is the **Liturgy of the Eucharist**, where bread and wine are consecrated to become, as Catholics believe, the body and blood of Christ. This recalls the Last Supper, embodying communion with Christ and with Catholics worldwide. Pope Francis beautifully emphasizes the connection between the Eucharist and Christian life, stating, "We cannot participate in the Eucharist without being challenged by Jesus' love and service. We are called to go out and be witnesses of this gift in our lives."

The Mass is celebrated daily across the globe, drawing together Catholics from diverse backgrounds. Every gesture, prayer, and element within the Mass is intentional and designed to reflect centuries of tradition and theological depth. From the crossing of oneself with holy water upon entering a church to kneeling in prayer before the Eucharist, these actions unite the faithful in shared reverence and devotion.

Through its rich history, theological significance, and sacramental grace, the Mass continues to be a powerful testament to the living faith of the Church, connecting Catholics with Christ and with one another across generations. I hope you take time tonight and next to learn more about this central act of worship for Catholics with Fr. Bob.

In Christ, Fr. Cool

Rev. Brian Cool

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HAPPY BIRTHDAY!
NOVEMBER!

2 - Grace Brown
2 - Jessica Hinojosa
4 - Valeria Padilla-Choy
4 - Emilia Parrado-Nazal
4 - Christina Valenzuela
5 - Daniel Andaya
5 - Juan Pelaez Jr.
5 - Steve Stephen

6 - Kristen Briedis
6 - Juan Lucena Fois
7 - Abriana Arokiaaraj
7 - Quinn Brady
8 - Jane Oliver
9 - Luis Ixcamparij
9 - Jonathan Pulido
9 - Eli Rios Ramirez
10 - Bryce Kneer
11 - Michael Bielak
12 - Jeffrey Shuffield
13 - Al-Sameer Cooke
14 - Michelle Ramirez
15 - Alexis Fielding
15 - Jack Garbatowicz

16 - Colin Hascup
18 - Jarett Jacquez
18 - Jack Kelly
18 - David Leder
23 - Aidan Craner
23 - Clara Schultz
24 - Finnian Smith
25 - Megan Clasby
25 - Coleman Goenner
25 - Parfaite Uwimbabzi
26 - Subin Hong
27 - Yejin Son
28 - Mackenzie Jutras
29 - Charlotte Hennessey
29 - Gregory Palma

MORE @ NEWMAN

FOUR SQUARE @ NEWMAN

Register 4
Strong
Museum
College Night
Trip

Sunday
Eucharist Talk
Series by
Fr. Bob
after 7pm Mass
Tonight

We are still
recruiting new
tutors - see
Jack for
details

Cornell U and
SEEK
Conferences
organizing!

NEWMAN

Experience SEEK25 and connect with thousands of young Catholics seeking to hear the call and live differently.

seek
focus

JAN 2-5, 2025
WASHINGTON DC

[HTTPS://SEEK.FOCUS.ORG/WASHINGTON-DC/](https://seek.focus.org/washington-dc/)

Talk to Fr. Cool, Jack or Alicia
Lawson (alaws10@ur.rochester.edu) if
interested





Newman Laughs

Newman relies on the generous support of Alumni, Parents, Local Residents, and Students for 90% of our budget. Your support of our Sunday collection is deeply appreciated!

Give to our Collection Via Venmo

Collection Report		
10/27/24		
Weekly Actual	Weekly Goal	Variance
\$244.00	\$378.00	-\$134.00
Y-T-D Actual	Y-T-D Goal	Variance
\$8,724.99	\$7,626.00	\$1,098.99
Y-T-D is Financial Year July 1-June 30		



Mass Intention: Fr. John Crowley, Florian Wodecki

GET INVOLVED

NEWMAN

COME JOIN US!

WOMEN'S BIBLE STUDY

Monday Evenings

MONDAY
7:00PM
INTERFAITH CHAPEL

For questions & interest contact Alicia Lawson
at alas10@u.rochester.edu or (607)542-5708



MEN'S BIBLE STUDY

Conference Room
Interfaith Chapel 2nd level

Monday Night
Group 1
7:00-8:00pm

Tuesday Night
Group 2
6:00-7:30pm

Interested?

Contact
Tim Cai (Group 1)
tcai9@u.rochester.edu
David Leder (Group 2)
dleder@u.rochester.edu



Open to all college men

JOIN US!
FIRST TIME
SMALL GROUP
MEMBERS ALWAYS
WELCOME!

JOIN US FOR
Daily Mass
IN THE SANCTUARY

MONDAY,
TUESDAY &
THURSDAY

Insta Mass
EVERY WEDNESDAY AT 9 PM
FOLLOWED BY PIZZA

NEWMAN
JOIN US AT THE
INTERFAITH CHAPEL

EVERY
THURSDAY AT 6PM
NEWMAN NITE
Special Pasta Night 11/7



Sacrament of Reconciliation



Send an email to bccool@admin.rochester.edu to make a personal appointment or come 30 minutes before mass!
Sunday Mass - 10:30am
At the Interfaith Chapel



"We can believe
what we choose.
We are answerable
for what we choose
to believe."
- Cardinal Newman



Eucharist Series

Final year of the Eucharistic Revival
Join Fr. Bob Kennedy
Following 7pm Sunday Mass
A Three Talk Series

EUCARISTIC
PRESENCE

EUCARISTIC
SACRIFICE

EUCARISTIC
LIVING

October
27th
8:00pm

November
3rd
8:00pm

November
10th
8:00pm



the strong

NATIONAL MUSEUM OF PLAY

SPECIAL EVENT - COLLEGE NIGHT
\$10 TICKETS (1/2 PRICE) - FREE RIDES
Friday November 8 / 8:30PM - 11PM



The Strong Museum is full of fun activities, historical toys, a ropes course, butterfly garden and more



QR SIGN UP

Meet at Interfaith Chapel @8PM for rides



Agape Latte

REFLECTIONS ON
EQUIPPING YOURSELF FOR LIFE

WELLES-BROWN ROOM
NOVEMBER 12TH, 7:30PM
+ COFFEE & DESSERTS!



DAN PROVENZANO
UNIVERSITY OF ROCHESTER
ATHLETICS
EQUIPMENT MANAGER



Week of November 4th

This Week: Tues and Thurs Daily Mass
12:30pm Sanctuary

Monday November 4

Men's Bible Study I 7:00pm Conference Room
Women's Bible Study 7pm Brennan Room
Rosary Group 8:15pm Sanctuary

Tuesday November 5

Men's Bible Study II 6pm Conference Room

Wednesday November 6

OCIA Session - 7:45 Conference Room
Insta-Mass 9:00pm Sanctuary

Thursday November 7

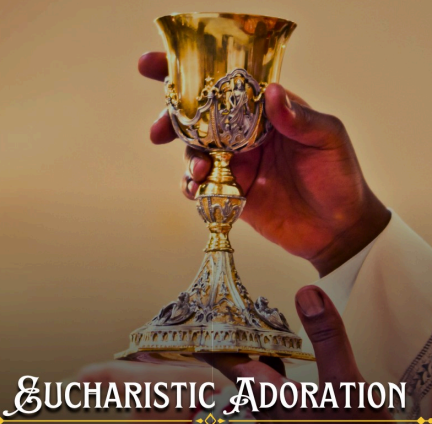
Newman Nite 6pm River Level

Friday November 8

Strong Museum College Night 8:30 - 11pm

Sunday November 10

Mass 10:30am River Level
Eucharistic Adoration (Brennan Room) @ 11:45am
Mass 7pm River Level
PM Mass followed by Eucharist Series Talk III



EUCARISTIC ADORATION

BRENNAN ROOM
11:45am-12:30pm

AFTER
SUNDAY 10:30AM
MASS

Enter the classroom of silence with our Lord!

ROSARY GROUP

Mondays
8:15PM

Interfaith Chapel
Sanctuary

Contact: alaws10@u.rochester.edu

Extending Christ's Mission through the Catholic Ministries Appeal



Help support the Diocese of
Rochester and Newman using parish
code 508!



Grad Student Survey - Religious Life

