



Cool Thoughts

Dear All,

The Second Sunday of Advent offers an inspiring and reflective thematic collection of readings, resonating deeply with the lives of college students, especially during a time often burdened with the stress of exams and papers. These readings provide not just spiritual nourishment but also practical insights into managing life's academic and daily challenges.

The readings typically feature voices like Isaiah and John the Baptist, who herald the coming of Christ and call for preparation and repentance. Isaiah's imagery of comfort and renewal and John's impassioned pleas for ethical transformation resonate with the theme of hope and change. This theme is particularly relevant for students nearing the end of a semester, a period that can feel like a wilderness of stress and fatigue.

Isaiah's promise, "Every valley shall be filled, and every mountain and hill shall be made low" (Isaiah 40:4), metaphorically speaks to the overwhelming obstacles students face: the mountains of deadlines and the valleys of self-doubt. The prophetic vision encourages students to believe that these challenges can be leveled, that balance can be restored, and that perseverance will lead to personal growth and academic success.

John the Baptist's call to "prepare the way of the Lord" (Mark 1:3) can also be interpreted as a call to introspection and prioritization. For students, this could mean reassessing their study habits, organizing their schedules, or even seeking help where needed. This period of preparation is not just about passing exams but about shaping a life that reflects their highest values and aspirations.

The Advent message of anticipation for Christ's coming can also inspire students to look beyond the immediate pressures and towards a larger purpose. It reminds them that their efforts are part of a bigger journey of personal and intellectual transformation. Just as Advent anticipates the celebration of Christ's birth and ultimately, the salvation it heralds, students can view their current hardships as formative phases that prepare them for their futures.

In the spirit of these readings, students are invited to cultivate patience and persistence. The challenges of university life—balancing coursework, maintaining relationships, and managing self-care—are real and demanding. Yet, these trials are also opportunities to practice resilience and faith, much like the biblical figures who navigated their own deserts to find renewal and hope on the other side.

Thus, the Second Sunday of Advent does not just speak to a distant spiritual promise but also to the immediate, lived realities of students. It offers a moment to pause, reflect, and find renewed strength to face the academic and personal challenges ahead with a hopeful and prepared heart.

Peace,
Fr. Cool

P.S. Remember, Newman Christmas traditions are right around the corner:

- Dec 8 - Christmas on Campus Party!
- Dec 9 - Immaculate Conception Holy Day
- Dec 9 - Midnight Mass and Feast (Dress Up!)
- Dec 10 - Come Celebrate End of Semester @ Newman

Happy Birthday!

DECEMBER

1 - Dominic Musumeci
1 - Mia Perkell
1 - Sydney Rosenthal
2 - Alessandra Fiorino
2 - Sherlyn Frausto
3 - Ryan Cozzone
3 - Nathaniel Mills
3 - Joseph Siciliano
5 - Elissa Letterio
6 - Dania Flores Lopez
7 - Madalyn Minnick
7 - Natalia Rivera Carrasquillo

7 - Marlena Vieira
8 - Hannah Gentile
8 - Phyllis Ong Shao Ying
9 - Michael Henry
9 - Yuliahna Mendiola
11 - Gianni Notaro
12 - Janelly Andrade-Gonzales
12 - Sean Hendricks
16 - Gabriela Pena
17 - Miriana Kelly
18 - George Daher
18 - Jeffrey Shu

19 - Eric Monsebroten
23 - Johanna Cupp
23 - Emma Vignogna
24 - Alberto Ramos III
25 - Brianna Jones
28 - Angel Aquino
29 - Neha Biju
30 - Gabriel Lora
30 - Domenic Rini
30 - Annabelle Shanks
31 - Megan Del Regno

Tis' the season @NEWMAN

FOUR
SQUARE

@NEWMAN

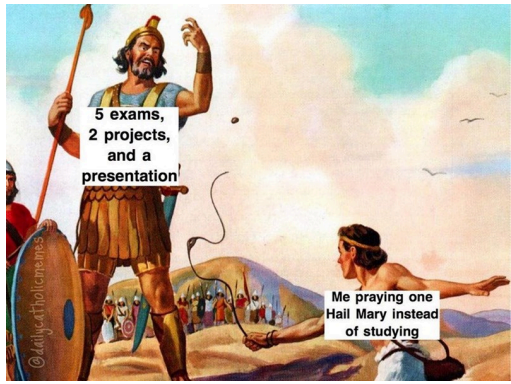
Christmas on
Campus is
TODAY!!!

Monday
Holy Day
12:30pm Mass

Need for
Spring '25
tutors - see
Jack for
details

Midnight
Mass
Monday!





Newman Laughs

Newman relies on the generous support of Alumni, Parents, Local Residents, and Students for 90% of our budget. Your support of our Sunday collection is deeply appreciated!

Give to our Collection Via Venmo

| Collection Report | | |
|--|-------------|-----------|
| 12/01/24 | | |
| Weekly Actual | Weekly Goal | Variance |
| \$182.59 | \$378.00 | -\$195.41 |
| Y-T-D Actual | Y-T-D Goal | Variance |
| \$9,739.93 | \$9,138.00 | \$601.93 |
| Y-T-D is Financial Year July 1-June 30 | | |



Mass Intention: Fr. John Crowley, Robert A Scala, Kevin Jacobs

GET INVOLVED NEWMAN

COME JOIN US!

WOMEN'S BIBLE STUDY

Monday Evenings

MONDAY
7:00PM
INTERFAITH CHAPEL

For questions & interest contact Alicia Lawson
at alas10@u.rochester.edu or (607)542-5708



MEN'S BIBLE STUDY

Conference Room
Interfaith Chapel 2nd level

Monday Night
Group 1
7:00-8:00pm

Tuesday Night
Group 2
6:00-7:30pm

Interested?
Contact

Tim Cai (Group 1)
tcai9@u.rochester.edu
David Leder (Group 2)
dleder@u.rochester.edu



Open to all college men

PRAYER FOR SCHOOL EXAMS

Ever loving and eternal God be with me as I prepare to sit my examinations.

Give me peace of mind and quietness of heart so that I may approach each exam with confidence and trust.

Open my heart to believe that with you all things are possible and because you have created me I am worth much more than all the exams in the world.

Teach me Lord that there will be many opportunities for using my gifts and talents in the future. Bless that future and be with me, my family and my friends especially when the road is difficult, and when all is going well may I give thanks for your care and love through Jesus Christ our Lord.

Amen



Sunday Mass

Join us every Sunday at
10:30AM & 7PM
@ The Interfaith Chapel



Sacrament of Reconciliation



Send an email to bcool@admin.rochester.edu to make a personal appointment or come 30 minutes before mass!
Sunday Mass - 10:30am
At the Interfaith Chapel

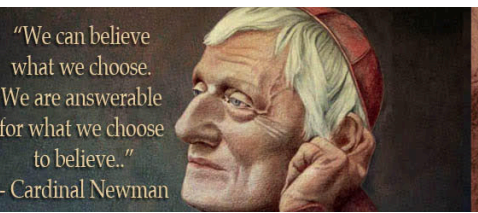


JOIN US FOR Daily Mass

IN THE SANCTUARY

MONDAY,
TUESDAY &
THURSDAY

Sign up to receive text
messages with our schedule



ROSARY GROUP

Mondays
8:15PM
Interfaith Chapel
Sanctuary

Contact: alaws10@u.rochester.edu

EUCCHARISTIC ADORATION

BRENNAN ROOM
11:45am-12:30pm

AFTER
SUNDAY 10:30AM
MASS

Enter the classroom of silence with our Lord!

SECOND SEMESTER SET THE DATES ASIDE FOR KAIRO'S 44 RETREAT and ALTERNATIVE SPRING BREAK SERVICE TRIP

Kairos 44 Retreat

February 21-23, 2024
Registration begins in January



"I am leaving you with a gift—peace of mind and heart."

John 14:27

Notre Dame Retreat House On Lake Canandaigua
\$40 for lodging meals (Scholarships available)

Alternative Spring Break

Want to do something more?
Service to others - Learn about
Catholic Social Teaching at ...

MARCH 9-14, 2025
CAMDEN, NJ

Romero Center MINISTRIES

Serving Up Hope Since 1976

2024-2025 CATHOLIC MINISTRIES APPEAL Extending Christ's Mission through the Catholic Ministries Appeal



Help support the Diocese of Rochester and Newman using parish code 508!

