

Programs In-Depth



Liturgy

The Sacramental life of the Church is an important dimension to our spiritual lives and stands as the focal point at Newman. Each week we celebrate the Eucharist while offering frequent opportunities for Confession and Anointing of the Sick. Additionally, we welcome and prepare anyone who desires full initiation to our Catholic faith through Baptism, Confirmation, and Holy Communion.

Eastman School of Music

A deep commitment to our Catholic identity and student-based leadership guides and nourishes our outreach at Eastman. As we engage Eastman students for prayer, apologetics, service opportunities, and social events, deep faith and lasting friendships flourish. Unique opportunities exist for Sunday worship at the River Campus and at local parishes close to the Eastman Campus, which helps build a strong community.

Medical Center

Outreach to those who work, study, and recover at the University's medical facility is yet another facet of Newman's wide-ranging ministry. With the help of The Finger Lakes Guild of the Catholic Medical Association, we are able to offer faith-based programming and chaplaincy services to faculty, staff, students, and patients through such services as lectures, televised Mass, and hospital visits. Please direct any questions about Newman or the Guild to Dr. Thomas Carroll at thomas_carroll@urmch.rochester.edu.

Alternative Spring Break

Boasting the longest running Alternative Spring Break trip on campus (since the year 2000!), Newman sponsors a service week every spring break for up to 20 students. This trip provides an opportunity to confront several social issues, learn about Catholic social teaching, and engage in Christian service and community-building, all while making lifelong friendships! Truly, ASB is one of the most life-changing experiences you will ever encounter.

St. Sebastian Society for Varsity and Club Athletes

Student Athletes exercise and enhance their leadership skills, and grow in their commitment to Catholic spirituality while providing service to the vulnerable. Among the society's work is the annual Newman Cup Tournament, raising awareness of the issues facing migrant farm workers, Agape Latte, bring University faculty and staff to share and discuss life transitions and faith, and coordinating the Yes Pa mentoring program. It is open to all Club and Varsity Student Athletes who share our values of moral leadership, spirituality, and service to the vulnerable.

Stephen Ministry (Students Offering Support)

Sometimes things don't go as planned. College is a time of great change and personal growth and can be very stressful and challenging. Newman Stephen Ministry is a unique way of providing support during these times. A peer trained Stephen Minister can provide a safe place just to listen to you. Ministers do not counsel but are trained and certified leaders who listen and support you. Dealing with stress from the death of a loved one, divorce or family tension, homesickness, a break up or loneliness, or something else causing you to not feel like yourself or on top of your game? Contact a Stephen Minister at 585-730-3019 . Calls are answered within 24 hours.

Kairos Retreat

Greek for "God's Time," Kairos is a semi-annual student-run retreat that has been organized for since 1999 at Newman. During Kairos, students take a weekend out of their busy semester to get away. Through the retreat, they are able to learn more about themselves, develop new and unforeseen friendships, and deepen their relationship with God. Although it is organized by Newman, students of other faiths have attended the retreat.

Weekly Schedule

Sunday

Mass at 10:30 a.m. and 7 p.m.
Third Sunday of the Month Supper at 8 p.m.

Monday

Rosary Group at 6 p.m.
Guided Meditation at 7 p.m.

Wednesday

InstaMass at 9 p.m.

Thursday

Newman Nite Dinner at 6 p.m.

Friday

First Friday of the Month Adoration at 12:30 p.m.

**Daily Mass schedule TBD*

Newman Needs Your Help

Life at college can be critical in so many ways. Each year Newman must raise 85% of its budget from non-University and Diocesan sources. With your help, we seek to raise over \$200,000 annually for our budget to transform the lives of over 1,600 Catholic students at Rochester. Supporting our Alumni and Parent Appeals is critical to our ministry. Additionally, all gifts made directly to the University of Rochester can be directed towards Newman ministry without any fees, including University Annual Appeal, Class gifts, Matching Corporate gifts, George Eastman Circle (GEC), bequests, stocks, and trusts. Contact us for more information or visit www.urnewman.org/giving.

Your gift will be a life-changing one!

**Catholic Newman Community at the
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NEWMAN

Catholic Community at Rochester



Welcome to Newman!

Let us be the first to invite you and your family to our community. Newman is the place where you can grow in your Catholic faith while a student at Rochester.

Committed to engaging faith and reason through a relationship with Christ and the Church, students enjoy a hospitable and engaging environment to grow spiritually while enjoying social events, deep and lasting friendships, retreats, dinners, and, of course, Mass (to name a few!).

Newman Quick Facts:

- Catholics are the largest denomination on campus, comprising 30% of the student population.
- Newman is one of the largest student groups.
- Newman ministers at the Eastman School of Music, Medical Center, and River Campus.
- We hope to be able to meet you at one of our events and personally welcome you to Newman!
- Our pastoral staff is always ready to assist you at any time. Never hesitate to contact us.

Welcome to the NEWMAN EXPERIENCE!



Why the NEWMAN Experience?

Being involved with music ministry means I get to enhance the liturgy through thoughtful music and that I get to help build a community within Newman. Being part of the music ministry here at Newman has allowed me to connect with God through music and provided me with a strong group of friends I know I will have for a long time.

– Paige Van Haute

Stephen Ministry is a place for students to talk one-on-one with another student about something that may be troubling them. The Stephen Minister offers no advice, leaving the student a confidential and free environment to express whatever it is they'd like to. Offering this kind of program at college is extremely beneficial because this time in students' lives is often a challenging one, so it gives students a place that they can turn to and discern their aspects of life that may need it, with someone to listen.

– Eric Ciocci

Kairos has been an integral part of my Newman experience at the University of Rochester. It provided me an opportunity like no other to disconnect from the chaos of campus life and focus on my relationships with God and my brothers and sisters in Christ.

– Michael Taylor

The Alternative Spring Break trip has been an opportunity for me to grow in my spiritual life—serving people in need and reflecting on the Gospel. I have been on ASB twice. I ended up attending a second time as I realized that I was ministered to as much as I ministered to others. Plus, it's a great way to get to make new friends.

– Basil Gaji

It has been such a blessing to be a part of the St. Sebastian Society. I am so grateful that I am able to give back to the greater Rochester community and help those that are less fortunate than many students at the U of R. The St. Sebastian Society is a group of Rochester varsity and club athletes that put on many events and programs with the ideals of giving back to the less fortunate as well as promoting spirituality and leadership.

– Patrick Hill-Junke

Within E-Board, I learned how much the staff and community care for the students here at the University of Rochester. I saw firsthand how much joy Newman dinners, events, day trips, and Masses can bring to a person. I am grateful for the opportunity I was given to play a role in brightening someone's day.

– Alydia Meinecke

Join Us in Worship and Fun

Liturgical Life

- Sunday Mass • Confession/Penance Services
- Stations of the Cross • Lectors • Choir
- Our Lady of Guadalupe • InstaMass
- Extraordinary Ministers of Holy Communion

Service

- Alternative Spring Break
- Newman Cup Tournament
- Yes Pa Ministry • Operation Rice Bowl
- Food and Homeless Shelter
- Other service activities serving those in need

Spirituality

- Adoration • Kairos Retreat • Taize Prayer
- Las Posadas • Rosary Group
- Busy Person's Retreat • Bible Study • Agape Latte

Leadership

- Graduate/Medical School Outreach
- River Campus E-Board • Eastman E-Board
- Eastman Steering Committee
- St. Sebastian Society (student-athletes)
- Newman Fest • Hispanic Outreach Committee

Social

- Newman Nite (free dinner Thursdays)
- Movie/Game Nights • First-year Nights
- 3rd Sunday Supper • Off-Campus Events

Faith & Reason

- John Henry Cardinal Newman Lecture Series
- RCIA • Pie and Prayer
- Discussion Panels



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